



Our desire is to restore families to the promise of fatherhood.

The responsibilities of parenthood are indeed a gift from God. Those responsibilities are also weighty. You want good things for your kids. But the good things you want are hard to name and even harder to know how to offer and instill.

Parenthood *is* hard and what good men and women like you need is encouragement and hope.

You are not alone. The fear you carry is not the final word. There is a design for parenthood and you can understand it.

The Intentional Dad is a community of men, women, and families learning and living lives of intimate apprenticeship with Jesus. Together, we are learning what it is to be fathered sons and daughters and then what it is to offer the gift of a good father's heart...a good mother's heart... to our children, our families, and our communities.



THE
INTENTIONAL DAD



Aric is the founder of The Intentional Dad, a community of men, women and families learning and living lives of intimate apprenticeship with Jesus. He is an author, teacher, coach, and spiritual counselor who is passionate about shepherding fellow travelers on the journey toward God's promises of healing, transformation, and freedom.

Aric lives in Michigan, is a father of three, and has been married to his best friend, Mary Jo, for thirty years. He has a Master's degree in Theological Studies, taught elementary age kids for five years, and offers more than two decades of experience as a father and, especially, his family's experience in living out a vision for a ten year initiation process for his sons and daughter. He now invites men and their families to set out on their own journey to discover the indescribable joy of intimate apprenticeship and intentional parenthood with Jesus.

CONTACT ARIC AT:
theintentionaldad.org

THE
INTENTIONAL DAD

EMBRACE AND FULFILL THE
PROMISE OF FATHERHOOD



The Intentional Dad Workshops

Divine Rebellion Series: Sabbath

Rebels with a cause breaking free from the unexamined impacts of a loud and lonely world conspiring to rob us of the life we long for.

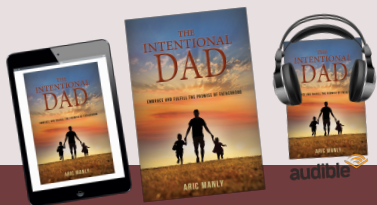




THE
INTENTIONAL DAD

The Intentional Dad workshops combine teaching, conversation, solitude and silence, personal reflection, and prayer in pursuit of intimate encounters with God. Workshops are designed to be a practice of community built around the values of authenticity, vulnerability, humility, understanding, and safety as we share in the journey of finding “the narrow road” together.

THE
INTENTIONAL DAD



THE INTENTIONAL DAD WORKSHOP: DIVINE REBELLION SERIES (SABBATH)

A one day workshop to:

- **Explore the invitation to stop in a world that never does.**
- **Better understand the invitation to rest in a culture of hurry and exhaustion.**
- **Remember what it is to enjoy life in a culture of cynicism, scarcity, and consumerism.**
- **Deepen understanding of worship in a culture of restlessness and the endless clamor for “more.”**

When: TBD. 9 AM to 3 PM. (Lunch and necessary resources included)

Location: Dexter, MI. (Zoom participation available for out of town participants.)

Cost: \$25 (Fee waived for current participants of Guided Apprenticeship or Coaching)

Family Rate: \$15 for first additional participant, \$10 for each additional participant.

Recommended for ages 18 and up.



Scan the QR code to register online and to learn more at theintentionaldad.org

Scan to register

“Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest.” Jesus of Nazareth

How are you doing?

No, really. **Take a moment to look under the hood.** How are you doing? Are you at peace? Is your life restful? Joyful? Playful? Do you feel like you’re enough? That you have enough? That you’re appreciated? Ever? How about your spouse? Your kids?

If not, you are not alone. **We have all been swept up into a life that does untold violence to our hearts and souls.** Worse still, we’re so used to it that most have lost the ability to even recognize it. That is, until something comes along to break the spell. Something that reminds us...awakens a part of us that remembers that we are more than what we do, what we have, or what others say about us.

You were made for more. You have been sucked into a ruthless system that pummels you with an endless drumbeat of doing more, producing more, achieving more, buying more...a system that has robbed you and your family long enough. The time for rebellion...divine rebellion...has come. There is freedom and there is a time-tested, God prescribed, divinely designed practice for all who are ready to take a stand. That practice is Sabbath. And it is a prime weapon in our divine rebellion against the soul crushing demands of our modern world. Join us for a one day workshop as, together, we begin to explore this ancient practice and the way to the “real rest” Jesus promises.