



**Our desire is to restore families to their God-given purpose.**

The Intentional Dad is on a mission to awaken, equip, and anoint men, women, and families through the scandalously simple truth that you are loved, you belong, you are chosen, and you have nothing to prove.

It is one thing to know that truth. It is quite another to live it. That is the healing work our Intentional Dad is inviting us into and it is our passion to be trustworthy guides for that journey.

The Intentional Dad is a community of men, women, and families learning and living lives of intimate apprenticeship with Jesus. Together, we are learning what it is to be fathered sons and daughters and then what it is to offer the gift of a good father's heart...a good mother's heart... to our children, our families, and our communities.



THE  
**INTENTIONAL DAD**



Aric is the founder of The Intentional Dad, a community of men, women and families learning and living lives of intimate apprenticeship with Jesus. He is an author, teacher, coach, and spiritual counselor who is passionate about shepherding fellow travelers on the journey toward God's promises of healing, transformation, and freedom.

Aric lives in Michigan, is a father of three, and has been married to his best friend, Mary Jo, for thirty years. He has a Master's degree in Theological Studies, taught elementary age kids for five years, and offers more than two decades of experience as a shepherd and father and, especially, his family's experience in living out a vision for a ten year initiation process for his sons and daughter. He now invites men and their families to set out on their own journey to discover the indescribable joy of intimate apprenticeship and intentional parenthood with Jesus.

CONTACT ARIC AT:  
[theintentionaldad.org](http://theintentionaldad.org)

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## THE **INTENTIONAL DAD**

EMBRACE AND FULFILL THE  
PROMISE OF FATHERHOOD

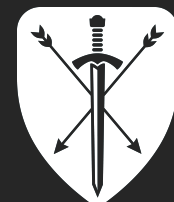
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### **The Intentional Dad Workshops**

#### **Divine Rebellion Series:** **Solitude and Silence**

Rebels with a cause breaking free from the unexamined impacts of a loud and lonely world conspiring to rob us of the life we long for.

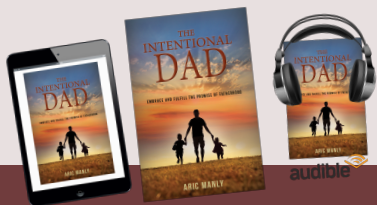




THE  
INTENTIONAL DAD

The Intentional Dad workshops combine teaching, conversation, solitude and silence, personal reflection, and prayer in pursuit of intimate encounters with God. Workshops are designed to be a practice of community built around the values of authenticity, vulnerability, humility, understanding, and safety as we share in the journey of finding “the narrow road” together.

THE  
INTENTIONAL DAD



### THE INTENTIONAL DAD WORKSHOP: DIVINE REBELLION SERIES (SILENCE AND SOLITUDE)

*A one day workshop to:*

- **Explore the invitation to stop in a world that never does.**
- **Better understand the invitation to be still in a culture of relentless hurry and exhaustion.**
- **Remember what it is to simply be in a culture addicted to production and achievement.**
- **Experience the joy of a time-tested practice from “The Way” of Jesus that helps us to thrive in the midst of our frantic modern world.**

**When:** TBD. 8 AM to 3 PM. (Lunch and necessary resources included)

**Location:** Chelsea, MI. Address to be provided upon registration.

**Cost:** \$25 per person (Light breakfast, lunch, and necessary resources included)

Scan the QR code to register online and to learn more at [theintentionaldad.org](http://theintentionaldad.org)



Scan to register

**“Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest.”** Jesus of Nazareth

How are you doing?

No, really. **Take a moment to look under the hood.** How are you doing? Are you at peace? Is your life restful? Joyful? Playful? Do you feel like you’re enough? That you have enough? That you’re appreciated? Ever? How about your spouse? Your kids?

If not, you are not alone. **We have all been swept up into a life that does untold violence to our hearts and souls.** Worse still, we’re so used to it that most have lost the ability to even recognize it. That is, until something comes along to break the spell. Something that reminds us...awakens a part of us that remembers that we are more than what we do, what we have, or what others say about us.

You were made for more. You have been sucked into a ruthless system that pummels you with an endless drumbeat of doing more, producing more, achieving more, buying more...a system that has robbed you and your family long enough. The time for rebellion...divine rebellion...has come. There is freedom and there is a time-tested, God prescribed, divinely designed practice from “The Way” of Jesus for all who are ready to take a stand. That practice is Silence and Solitude. And it is a prime weapon in our divine rebellion against the soul crushing demands of our modern world. Join us for a one day workshop as, together, we begin to explore this ancient practice and the way to the abundant life Jesus promises.